

Arnold I. Smith, M.D.

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March 2025

Dear Patients:

It is with very mixed emotions that I am writing to inform you that I am retiring and closing my practice as of **June 30, 2025**.

It has been a privilege and honour to direct and care for your medical needs over the last 49 years. Being an integral part of the lives of generations of families, I have experienced and shared highs and lows with many of you. I truly feel blessed to have had such a wonderful practice and I thank you for entrusting your care to me.

These are very challenging times with physician shortages in family medicine in Ontario. However, I am pleased to announce that **Dr. Amin Ladak** has agreed to take over the care of my rostered patients following my retirement. Dr. Ladak is a member of the Humber River Family Health Team, which is conveniently located at 245 Dixon Rd. (only about 10 minutes north of my office). Enclosed you will find his contact information and personal note of introduction.

Should you choose to roster with Dr. Ladak I strongly encourage you to meet and enrol with him within six months of my closure. Otherwise, he may not be able to accommodate you. ***You will also need to arrange to have your medical record retrieved and digitized for Dr. Ladak as he is running an Electronic Medical Record system (EMR). Full details on retrieving your medical record after my retirement are enclosed with this letter.***

If you do not wish to continue your care with Dr. Ladak you may choose a provider of your choice. Alternatively, you may call "Health Care Connect" at 1-800-445-1822 or go online at <https://www.ontario.ca/page/find-family-doctor-or-nurse-practitioner> to aid you in finding a new family doctor.

I will definitely miss seeing and interacting with you all. You have enriched my life greatly. I wish you good health and happiness for the future.

Sincerely,



Dr. Arnold Smith

Your Medical Record

I am required by the College of Physicians and Surgeons of Ontario to store all original patient records from my practice for several years. I have arranged for **RSRS**, a physician managed facility, to securely store all records from my practice and to respond to all requests for medical record transfers (either to Dr. Ladak, to yourself and/or to a doctor of your choosing). Your medical record does not automatically follow you when you leave a medical practice, unless you arrange for it. **As your medical record in my practice currently exists entirely in paper, upon request, RSRS will convert and provide a certified and digitized copy of your record to Dr. Ladak or any other new physician or to yourself.**

My office will not facilitate any record transfers. RSRS must be contacted for this. (Note: RSRS may possibly be in contact with you just to make sure that all my patients have been properly notified.) Enclosed is an infographic illustrating 10 reasons why getting your medical record is so valuable both for you and your new provider.

To start the process of your medical record transfer, please contact RSRS at:

On the Web: **www.recordsolutions.ca/DrAISmith**

Tel: 1-888-563-3732

Fax: 1-877-398-5932

Email: info@rsrs.com

(Please note: Arranging for your medical record can take place immediately by contacting RSRS. However, unless it is an emergency, the actual delivery of your requested medical record will take place after the practice closure date. There is a fee for the copy/transfer of your medical record in accordance with guidelines.)

Dr. Aminmohamed Ladak
Humber River Family Health Team
245 Dixon Rd Suite 106 (Pod 1)
416-248-0283 (phone)
416-248-2977 (fax)

Dear Prospective Patient,

Hello, I am Dr. Amin Ladak, and I am looking forward to meeting you and helping to address your healthcare needs. I am sure the community is very grateful to Dr. Arnold Smith for his many years of wonderful service and I know these are big shoes to fill as he retires. I know transitions can be challenging but I hope we can make this as seamless as possible for you. As part of that, I wanted to share my academic background and some of my experiences with you so that you can get to know me a little.

I completed a Bachelor of Science degree in Microbiology and Immunology from McGill University, a Master's of Science in Human and Epigenetics from McGill University, and a Master's in Public Health, Epidemiology and Health Administration from Yale University.

I then spent several years working in private equity in the biotechnology and biopharmaceutical industry working on innovative new therapeutics, clinical trials and company formation/operations.

Subsequently, I attended medical school at the University of Kentucky and graduated from in 2015. I then went on to complete my Family Medicine residency at Dalhousie University in Halifax, which I completed in 2017. During my residency, I worked with a large variety of populations and had a great experience.

I continued my training post-residency and completed a fellowship at the University of Toronto in Emergency Medicine in 2018. In 2018, I also completed a certificate in plant-based nutrition from Cornell University and completed Board Certification from the American College of Lifestyle Medicine.

I am currently based in Etobicoke as part of the Humber River Family Health Team. I have been spending time in family practice for the past 6 years.

I look forward to meeting you in person and working with you to help address your healthcare needs. Please feel free to reach out and contact us when ready.

*(Note: I will require a copy of your **scanned** medical record if you are joining my practice. Details regarding the process are included in Dr. Smith's letter)*

Sincerely,

Dr Aminmohamed Ladak MD BSc MSc MHA-MPH CCFP (S-EM) DipABLM
Humber River Family Health Team