

The Healthy Decisions Newsletter

An RSRS publication exclusively for patients who are proactive in healthcare management.

Your Medical Record is in the Queue

Congratulations! By ordering a certified copy of your medical record, you've taken an important first step in proactive healthcare management. You maintain a file on your mortgage, your insurance, your automobile, your education; it only makes sense that you would also keep a copy of your medical history among your important files.

Please be assured that we haven't forgotten you. RSRS facilitates the preparation of thousands of medical records every month. While you're waiting for the final delivery of your medical record to be completed, please enjoy this edition of the *Healthy Decisions Newsletter*. At RSRS, we strongly encourage patients to actively collaborate in the management of their own healthcare.

Thank you for your continued patience as we work to obtain, prepare, scan, verify and digitally master a certified copy of your medical record. If you feel that you have been waiting an unusually long time to have your order processed and have not been informed about a delay by an RSRS representative, please feel free to contact us online at <https://www.recordsolutions.ca/contact> or by email at info@recordsolutions.ca.

Finding a New Doctor in Your Province

Finding a new doctor in Canada can be a big challenge. To help out, RSRS has gathered information to help you find a new doctor at www.recordsolutions.ca/newdoctor.



Who Owns My Medical Record?

In Canada, physicians must adhere to provincial regulations and medical college requirements that apply to almost every area of a medical practice. When it comes to patient medical records, physicians across Canada are required to securely keep and store the **original medical record**. However, that doesn't mean you can't get a copy. As one of Canada's largest repositories of medical records, RSRS stores records for physicians, clinics and hospitals and then manages the secure transfer of records to patients, new physicians and authorized third-party requestors.

Getting a copy of your medical record is an important step in taking control of your healthcare. Doctors are inundated with information all the time, so we're not surprised when a new physician is reluctant to take responsibility for a pre-existing record. Even then, it's important for you to preserve your medical history. Your medical record is about you, your bloodwork, your immunizations, your labwork, your continuity of care and you should have a copy for yourself.

RSRS is glad to have a role in helping you take care of your health. We're here to help, so contact RSRS if you have any questions about your medical record request.

Your new doctor can review your scanned medical history and save the document on a medical computer system.



Why Keep Your Record?

Reason #1: Traveling with Your Medical Record

You don't have to be on a cruise in the Arctic or on a beach in the Caribbean to be at a distance from your primary physician. While there is a growing adoption of electronic medical records among healthcare providers, making a patient's medical record available at the place and time it is most needed is another matter – and the healthcare industry is not there yet. By being proactive and prepared, you can ensure that medical professionals everywhere have the information they need about you anytime anywhere. RSRS prepares your records in a standardized searchable PDF format for universal compatibility.



If you get sick on vacation, having your digital medical record could save your life.

More Reasons to Keep a Copy of Your Medical Record

2. Retain a copy of your / your child's immunization history
3. Avoid duplicate medical tests by showing the results of previous tests
4. Maintain a list of previous treatments and medications
5. Provide other doctors with the details of past/chronic illnesses
6. Once your medical record is shredded, it's gone
7. New technologies can [detect patterns in your medical history](#) to diagnose areas of concern before they become life threatening problems.

Your medical record is the foundation of your future health management.

Get the up-to-date information you need to maintain your medical history and better manage your health. Sign up to receive information from RSRS – experts in medical history management, trusted by over 1,000 Canadian doctors since 1997.



We'd like to hear from you!

RSRS believes that every patient should be engaged and involved in the management of their own healthcare. We invite you to share your views about patients and their records. Tell us why you feel it's important to get involved. If we use your submission in our next newsletter, you will receive **50 AIR MILES® Bonus Miles**,

as our expression of thanks.

(Note: We will only display initials and not full names if we use your submission).

Send your submission to:

Info@RecordSolutions.ca



Bonus offer valid until December 31, 2016. 1 submission per collector.

Why do Doctors Rely on RSRS?

When the rules regarding doctors' responsibility to store and manage medical records changed in 1997, a Canadian physician, Dr. Eric Silver and his partner, Elan Eisen, started RSRS to help doctors comply with the new regulations. For nearly twenty years, RSRS has provided over 1,000 Canadian physicians with compliant, secure and reliable storage for both paper and electronic medical records.



Thank you for reading the RSRS
Healthy Decisions Newsletter
Email: Info@RecordSolutions.ca

