TOP REASONS TO GET YOUR **MEDICAL RECORD**



KNOW YOUR VACCINATIONS



Always have easy access to your vaccination history.

KNOW YOUR LAB RESULTS



70% of lab results never get communicated to the patient. Make sure you know.

CORRECT **ERRORS IN** YOUR RECORD



Once an error is made in your record, it becomes the new reality. By obtaining your medical record, you have the opportunity to have errors corrected.

BE A BETTER PATIFNT



Feel confident when seeing a new doctor by bringing your information with you.

Avoid unnecessary tests by providing previous test results.

Take your history with you when you go for a second opinion on a matter.

KNOW YOUR CARE PLANS



We all need to be reminded what the doctor told us to do. We usually forget some of it immediately after leaving the doctor's office. It's all recorded in the record.

KNOW YOUR MEDICATIONS



Stay current by having an accurate list of all prescriptions, past and present.

BE PREPARED FOR EMERGENCIES



Your medical record can help with proper diagnoses 80% of the time.

CONTINUITY **OF CARE**



Ensure that your care is connected and continuous from provider to provider. Know the who, what, where, when and why of your health.

GET OUR BASELINE READINGS FOR COMPARISON

We all have blood work and ECG results that are "typical" for us. When we have the information with us, it's easy to compare new test results against these typical, baseline values. Changes become obvious.

DOCTORS TAKE **MORE TIME** WITH PATIENTS WHO HAVE KNOWLEDGE



Knowledgeable patients receive better care. Better care means better outcomes.

REMEMBER:

It's equally important to keep your medical record current. Always ask for reports from your GP, Walk-In Clinic, Specialists, Hospitals (Emerg)